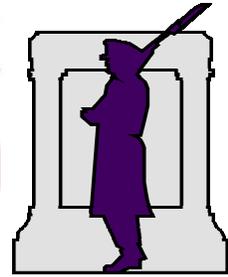




# KEEPING POSTED



American Legion Post #43  
Naperville, IL  
[www.naperlegion.org](http://www.naperlegion.org)

Volume 18 Issue 8  
October

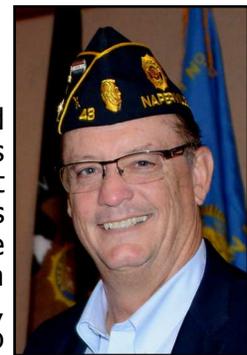
Celebrating 101 Years of Service to Veterans, U.S. Military, Youth, & Community

## COMMANDER'S CALL

Jack Amberg - Post Commander

### Fellow Legionnaires:

I send this note to you, as we all are adapting to new ways and new norms in our lives. But let's face it, the only thing that is constant is change. Those who are prepared for change, handle it the best. That said, we as a Post are going through changes. As briefed at our September Post meeting, our Post 43 normal income revenue is down. I am asking for some smart folks to be on a committee and brainstorm and develop new streams of revenue, i.e. fund raising. This does not mean if you volunteer you have to execute....what I need are the ideas, but fully developed ideas.



Examples might be a golf fund raiser, pancake breakfast, or even a queen of hearts drawing.... perhaps slot machines in the Post. Now, as I write this article, I can almost hear the screams as folks say that is not legal in Naperville. Well, with RibFest moving on to Romeoville, the non-profit culture of Naperville and fund raising may be changing. I understand there is a local Catholic school on their final approval to do a Queen of Hearts drawing. The point is, we need ideas, those ideas need to address the logistics, the costs, licensing or anything that might be required or needed to raise funds for our Post.

On a new topic, our Post was used to interview participants in the documentary, The Gift. The documentary is about Marine CPL Jason Dunham, who dove on a grenade to save his fellow Marines, and how those Marines are living their life and what their lives have been like. One of the survivors was local to our area, so they used our Post. Here is where you can watch the trailer; keep an eye out for the final Documentary. <https://www.youtube.com/watch?v=dBkRqy74IUw>

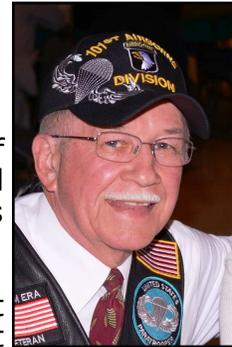
Our next Post 43 meeting will be on Thursday, Oct. 1st, 2020 at the VFW Post.

Jack Amberg  
Commander, Naperville American Legion Post 43

**ATTENTION: Starting next month, in order to lower our Post 43 monthly expenses, this newsletter will be only published every other month. i.e. Nov.-Dec.; Jan.-Feb.; Mar.-Apr.; May-Jun.**

## Sr. Vice Commander

**Good News!** The American Legion National data base (DB) has Post 43 currently at **60% Membership**, or 352 members out of 580. A **"THANK YOU"** goes out to those individuals that renewed their membership, and I look forward to thanking those individuals that are in the process of renewing their membership.



Richard Karbarz

The five (5) years membership for a four (4) years payment offering for 2020-2021 year is off the ground. So, if you have yet to renew your membership, take advantage of this offer to renew with a savings of \$40 dollars.

So what is the Senior Vice Commander doing to recruit new members? Well, after giving this subject matter a serious thought; I came up with the following plan, which goes back to basics. I plan on recruiting new members by setting up a table at the major food market stores (i.e., Jewel, Caputo's, Mariano's, Walmart, etc.) to recruit new members to Post 43. I am always open to other thoughts or suggestions that each of you may have to grow our ranks. As the saying goes, two heads are better than one!

To compliment the recruitment of new members, it is **critical that our current members renew!** So, **renew** your membership **today**, and also welcome our new members to our ranks.

As noted before, it is a **team effort** to recruit new members. If we all pull together, as one team, our mission will be accomplished. So, please continue to invite perspective members to our monthly meeting, as this will allow them to meet us in person, strike a conversation, ask questions, feel at home, and join our Post.

Post 43 continues with their program of paying membership dues for Naperville residents, who have served in World War II and Korean War Veterans. Our Post also pays for those members serving on "Active Duty" (including National Guard & Reserve). We welcome all new members, and welcome all suggestions on how to recruit new members. I thank you in advance for your input and continued support of Post 43.

Our continued goal for 2020-2021 - **"Recruit Early and Often"**

Respectfully,

Richard H. Karbarz  
Sr. Vice Commander  
Post 43  
630-527-9438

"Airborne All The Way"

Commander Jack Amberg swears in new Post members at September Post meeting.



# Jr. Vice Commander



Nadia Rios

I would like to thank all of you on the continued support of our Covid-19 Dinner & Socials. Thank you for working with me among all these crazy new rules.

Our September Dinner/Social was well received, and I would like to extend a thank you to all those who attended. Our new caterer Little Pops NY Pizzeria (Veteran Owned) provided excellent food, and Prima Sweets for our assorted pastries. Our newly installed officers are committed and excited to continue to serve all Post 43 members.

As we look forward to next month, where we get to celebrate Octoberfest, I am also looking forward to spending this day with a glass of beer, good food and great company. Our Dinner/Social this month will be **October 17th**, starts @ **6 pm for social hour; dinner @ 7pm:** at the VFW Hall. Our menu for this event is still in the process of being finalized. Please note that the socials this year will look very different from what we are used to. Masks will be required unless you are seated at a table. Reservations will be cut off at 50 members, it will be first come first served. When reserving your spot please note that we will need your email address or phone number. I will be confirming your reservation the week of the dinner. If, for whatever reason, you cannot make it please let me know. You will be able to pay by credit card the day of the social.

October is traditionally when we celebrate "Women in the Military". We will recognize all women in attendance. Their contribution to the U.S. military cannot be ignored or forgotten. From their beginnings where women could only work as cooks, seamstresses, and nurses during the 18<sup>th</sup> and 19<sup>th</sup> Centuries: to now where we have women in active combat roles. Our journey has been long but a satisfying one! Join us to celebrate their accomplishments.

Be sure to mark your calendar for Wednesday November 11<sup>th</sup>, as we celebrate in honor of Veterans Day. This meal will be catered by Belgios (don't worry it will still be a turkey dinner with all the fixings). The cost for all Dinner/ Socials remains the same at \$14 per person, \$7 for children age 7-14, and children age 6 and under still eat for free!

I am looking forward getting to know everyone at our Dinner/Socials and other events!

## Semper Fidelis!

Nadia Rios  
Jr. Vice Commander

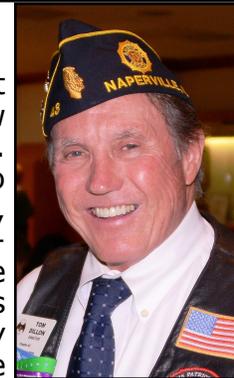


Photos by Jim Hoch



### AMERICAN LEGION RIDERS CHAPTER 43

The Covid-19 virus has slowed all of us down, but the Riders are still striving to serve our fellow Veterans and the greater Naperville Community. Recently we delivered a check for \$7000.00 to Illinois State Sr. Vice Commander Wayne Fischer, which will be sent to the Legion's Legacy Scholarship Fund. I am sure that you know this fund awards college scholarships to the children of Veterans, whose Veteran parent has been killed or declared over 50% disabled from their military service after the events of 9/11. We have met some of these scholarship recipients, during our Legacy motorcycle runs, and they are such amazing young people; who are so appreciative of these scholarships. Thank you to all who have supported this cause.



Tom Dillon

The Riders had a large turnout for a "Back the Blue" event, held at the Naperville police station. It was an honor to recognize these great public servants, who are striving to serve and protect us during these difficult times. Also, we rode to a birthday parade for Legion member Russ Harwood, who was celebrating his 80th birthday. Russ has always been a great supporter of the Legion, and we were happy to thank him for all that he does. We also want to thank Russ for sharing his birthday cake with us! Happy Birthday Russ and many, many more!

Your Riders also attended at least two "Welcome You Home" ceremonies. These ceremonies welcome home service members from their deployments. Riders also recently honored George Pradel by attending a celebration of his life on the second anniversary of his passing. George was a proud Marine, a Naperville police officer, longtime Mayor of Naperville, and a friend of all who met him. The Riders were even allowed to say a few words in honor of Mayor Pradel.

The highlight of the month was on 9/11, when a large group of Legion Riders joined others in remembering the sacrifices of those that perished on 9/11. The ceremony was uplifting, with great support from our Legion/VFW Color Guard and Honor Guard. It is so hard to believe that we have people serving in the military that were not even born when 9/11 occurred. They are the future of our Country!

Finally we continue to assist the Legion by helping in any way possible from setting up tables for monthly Dinner/Socials to serving as Legion officers. Stay healthy, stay safe!

Our next Rider meeting is on 28 October starting at 7:00pm. Location TBD.

Tom Dillon  
Director ALR  
Chapter 43  
630-803-2047





**AMERICAN LEGION POST 43 CALENDAR**



October 1, 2020  
October 13, 2020  
October 17, 2020  
October 20, 2020  
October 28, 2020

Thursday  
Tuesday  
Saturday  
Tuesday  
Wednesday



Post Meeting 7 pm  
U.S. Navy Birthday (1775)  
Dinner/Social - Octoberfest  
S.A.L. Squadron Meeting 7 pm  
Legion Rider Meeting 7 pm

November 5, 2020  
November 10, 2020  
November 11, 2020  
November 17, 2020  
November 18, 2020

Thursday  
Tuesday  
Wednesday  
Tuesday  
Wednesday



Post Meeting 7 pm  
U.S. Marine Corps 245th Birthday  
Dinner/Social - Veterans Day  
S.A.L. Squadron Meeting 7 pm  
Legion Rider Meeting 7 pm

December 3, 2020  
December 15, 2020  
December 16, 2020  
December 25, 2020

Thursday  
Tuesday  
Wednesday  
Friday



Post Meeting 7 pm  
S.A.L. Squadron Meeting 7 pm  
Legion Rider Meeting 7 pm  
Christmas Day



**Coffee "and"**  
**Saturday Morning 10 AM**



**Coffee's cancelled for an Indefinite period of time!**

Due to the concerns over Coronavirus (Covid-19), our monthly visits with Veterans at Monarch Landing, Brookdale-Lisle, Independence Village, and Spring Meadows have been postponed for an indefinite period of time. When it is safe to resume, we will again have gatherings on the 1st Saturday at Monarch Landing, the 2nd Saturday at Brookdale in Lisle, the 3rd Saturday at Independence Village, and the 4th Saturday at Spring Meadows.

Information: Ken Mores 815-353-4102

## Sons of the American Legion Squadron 43



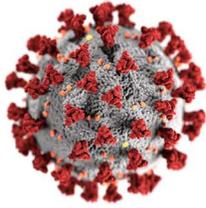
Last month the SAL participated in helping build 15+ tricycles for little kids with limited physical abilities. This will be our third year helping the Therapy Oriented Tricycle (TOT), a Pioneers project, which is led by co-chairs Gordon and Connie Hankins since 1996. We built factory tricycles and added aftermarket parts like supportive seat backs and belts buckles along with modified pedals with Velcro straps. These will be donated to special boys and girls with special needs.

We are always welcoming new members and transfers. Many Legionnaires hold dual memberships in S.A.L. All male descendants, adopted sons, and stepsons of members of The American Legion, and such male descendants of veterans who died in Service, are eligible to join. The S.A.L. Squadron 43 main goals are to support our Post and support our Community.

Our stated S.A.L. meetings are every third Tuesday at 7:00PM. Our next stated meeting is scheduled for **October 20<sup>th</sup>**, location TBD. All members of the Legion and Legion Riders are encouraged to attend.

Chris Lance  
Squadron 43 SAL Commander  
(630) 926-1177





During this unprecedented Coronavirus season, many of you have stories of faith, courage, and family situations, which have challenged your day to day life experiences; which other veterans and Post 43 members might receive encouragement from hearing how each of you developed the strength, balance and perspective to persevere during this challenging period. I would like to collect these stories from you and then share them with other Post members through this newsletter in early 2021.

This is a way for our Post family to draw even closer together by gaining strength through another's challenges, and the solution and guidance we all could draw from. Subjects for your story could include how your faith was strengthened, obstacles overcome or situation dealt with a family member or in reaching out to another Veteran. Please keep your stories brief, but include all important details. Finally, provide a summary of how those of us who read your story would enjoy and benefit from your experience.

I would like to have these stories collected by the end of 2020. Thanks for your help! You can forward your stories to my e-mail address which is: [komarekri@yahoo.com](mailto:komarekri@yahoo.com).

Chaplain Dick Komarek



### Our Saviour's Virtual Veterans Breakfast

**LEST WE  
FORGET**



Our Saviour's Veterans and others will get to meet Mike Barbour courtesy of Zoom on **Saturday 14, November @ 0800**. Don't miss this! As the Service Officer for both the VFW & American Legion, Mike has dedicated years to helping Vets and their families with the VA and government agencies. Mike has spoken to many groups throughout the area, young and old. He was born in Hanover, PA, scrapple country, to a Marine father and Pennsylvania Dutch mother, educated in Catholic schools, joined the Army, and served in Vietnam. Those experiences shaped his life!

His talk will be: **STRENGTH AND HONOR, SERVICE ABOVE SELF.**

For additional info contact: Russ Harwood, [oldsalt17@aol.com](mailto:oldsalt17@aol.com)



**VA Hotline**  
**1-855-948-2311**



## October Events in U.S. Military History

- Oct. 13, 1775 marked the birthday of the U.S. Navy with the outfitting of two vessels charged with intercepting supplies for British forces in Colonial America.
- A landing force of Marines and sailors mistakenly captured the Mexican city of Monterey on Oct. 19, 1842, believing war had been declared. Two years later, during the actual Mexican War, U.S. forces again captured the city.
- Brevet Colonel Robert E. Lee attacked the federal arsenal at Harper's Ferry, Va., on Oct. 18, 1859, and captured abolitionist John Brown, who carried out an anti-slavery insurrection in a prelude to the Civil War.
- The northern-most fighting of the Civil War took place on Oct. 19, 1864, when a group of Confederate soldiers – mostly escaped prisoners – crossed from Canada and attacked St. Albans, Vt.
- On Oct. 15, 1917, the first Black officers were commissioned at a Des Moines, Iowa, training facility. They were part of 400,000 Black personnel who served during WW I.
- The American Expeditionary Force, fighting in France, authorized a sleeve insignia for the 81<sup>st</sup> Division, beginning an Army-wide practice of establishing visible unit identity.
- The first American casualties of WW II were suffered on Oct. 17, 1941, -- two months before the attack on Pearl Harbor – when the destroyer USS Kearney was torpedoed southwest of Iceland. The attack killed 11 sailors and injured 22.
- On Oct. 26, 1944, Japanese kamikazes carried out the first suicide missions of the war, attacking the escort carrier St. Lo, which was heavily damaged and later sunk. Four other escort carriers were also hit in the attack.
- Capt. Charles "Chuck" Yeager broke the sound barrier on Oct. 18, 1947, flying a Bell XS-1 at 47,000 feet over California's Mojave Desert at a speed of 700 mph or Mach 1.06.
- In the Korean War, the first American crossing of the 38<sup>th</sup> Parallel occurred as a 1<sup>st</sup> Calvary Division tank crew entered North Korea at a point about 85 miles south of the capital of Pyongyang.
- The U.S. Air Force fired a first intercontinental missile on Oct. 11, 1957, from Cape Canaveral.
- On Oct. 22, 1962, President John Kennedy ordered a quarantine of Cuba after Soviet missiles were spotted on the island. The blockade prevented shipments of additional military equipment. The resulting Cuban Missile Crisis ended six days later when Soviet leader, Nikita Khrushchev, pledged to remove the missiles.
- A terrorist drove a TNT-laden truck into the Beirut, Lebanon, Marine headquarters on Oct. 23, 1983, killing 241 Marine and Navy personnel.
- On Oct. 18, 2001, the Taliban secured the Afghan city of Kandahar. On the same date, the first U.S. Special Forces began operating on the ground in southern portions of the country.
- On Oct. 10, 2002, Congress authorized the use of Armed Forces against Iraq. The same day, Allied planes bombed radar and missile sites in the country's southern no-fly zone. Six days later, President George W. Bush signed the Iraq War Resolution.



## THE WONDROUS HUMAN BODY!

- A. The brain consists of 100 BILLION NEURONS (nerve cells). Neurons continue to be made in response to mental activity. There are 100,000 MILES OF BLOOD VESSELS in my brain. Information can be processed as fast as 268 miles per hour!
- B. The human body is estimated to have 60,000 MILES OF BLOOD VESSELS. That's enough to circle the earth TWICE!
- C. The surface area of a lung is approximately that of a tennis court, thereby, making the exchange of oxygen and carbon dioxide easier.
- D. Scientists have counted 500 DIFFERENT FUNCTIONS of a LIVER.
- E. The jawbone is the hardest bone in the human body.
- F. We use 200 MUSCLES JUST TO TAKE ONE STEP!
- G. If all of our DNA strands were stretched out, it would reach to the moon 6,000 times!
- H. The human body can survive removal of the stomach and spleen; survive on less than 75% of the liver, 80% of the intestine and can survive on just one kidney or one lung!
- I. We shed about 600,000 PARTICLES OF SKIN EACH HOUR. Skin is constantly shedding dead cells and renewing itself.
- J. 300,000,000 HUMAN CELLS DIE EACH MINUTE!. Estimates put the number of cells in our body at 10-50trillion!
- K. The body produces 300 BILLION NEW CELLS EACH DAY. This is needed to maintain the body's 'status quo' to continuously repair and build new cells.
- L. Each kidney contains ONE MILLION individual filters!
- M. An adult is made up of 700 OCTILLION ATOMS. That is a 7 followed by 27 zeros or 7,000,000,000,000,000,000,000,000,000!

Psalms 139:14 declares that I am fearfully and wonderfully made! God has created a human body with AMAZING capabilities that can only be explained by a loving and wise creator and designer (Genesis 1:26-27. These verses indicate our value from God's perspective. Further on in versus 15-16 the psalmist says "your eyes saw my unformed substance. In your book were written every one of the days that were formed for me, when as yet there was none of them." This verse reveals to this Chaplain the inestimable worth of ALL human life from the womb to a person's final breath!! Finally, our response to Psalm 139 is to praise God that we are fearfully and wonderfully made and of such value to HIM! Psalm 14:1 says only the fool says in his heart "there is no God."

John 15:5 tells us that apart from God we can do nothing. So, I want to conclude with a prayer taken from Psalm 86: 8-10. Lord, we glorify your holy name! There is none like you among the God's, O Lord, are there any works like yours? For you are great and do wondrous things. You alone ARE God!!

Chaplain, Dick Komarek





G.I. Yoga is free to all Veterans and their family members. G.I. Yoga teaches stress relief methods by using the practice of Yoga to ease aches and pains, lower blood pressure, and increase strength, flexibility, and balance. G.I. Yoga also teaches participants how to use Yoga to manage symptoms of PTSD and TBI. All classes are taught by certified Yoga Instructors.

**In person & YouTube Live classes on Wednesday morning at VFW Hall with Kate Fleming. [giyoga@osotamerica.org](mailto:giyoga@osotamerica.org) Saturday morning classes at the Fort Hill Center in Naperville are all cancelled until farther notice due to the Coronavirus (Covid-19).**

**YouTube channel link:** <https://www.youtube.com/channel/UCxBk498oH94Dir8KMRPjdug/>

**GI Yoga Website:** <https://www.osotamerica.org/g-i-yoga/>

For additional information, contact:  
Kate Fleming at [giyoga@osotamerica.org](mailto:giyoga@osotamerica.org)  
Chitra Singh: [mailofchitra@gmail.com](mailto:mailofchitra@gmail.com)

Please check Class Schedules: <https://giyoga.org/calendar/>

G.I. Yoga is a program of [osotAmerica.org](http://osotAmerica.org)

### Birth Announcement

#### RILEY JANE SLOWN



Congratulations to Post members Scott and Jennifer Slown on the birth of their daughter, Riley Jane, 7lbs. 2 oz. on September 5th at 10:26pm.



# TAPS

Howard Larson  
James E. Crotty  
Harvey S. Meyer  
Alfred "AJ" Lesto Jr.  
Gilbert A. Howard III





**American Legion Post #43**

PO Box 4, Naperville, IL 60566

**MEMBERSHIP MEETINGS** are the first Thursday of every month at 7 PM,  
at the **VFW Hall, 908 W. Jackson Naperville, IL**

Boy Scouts and Special Meetings are at Post Home, 10 W. Chicago Av., Naperville, IL

[www.naperlegion.org](http://www.naperlegion.org)

**Post Officers**

<b>Commander</b>	
Jack Amberg	630-995-5244
<b>Sr. Vice-Commander</b>	
Richard Karbarz	630-527-9438
<b>Jr. Vice-Commander</b>	
Nadia Rios	630-728-7519
<b>Sgt.-At-Arms</b>	
Glenn Granat	630-209-2834
<b>Finance Officer</b>	
Bob Colby	630-301-2664
<b>Service Officer</b>	
Mike Barbour	630-240-1645
<b>Chaplain</b>	
Dick Komarek	630-983-6043
<b>Historian</b>	
Joe Strebel	630-369-3846
<b>Judge Advocate</b>	
Don Hennessy	630-355-4679
<b>Adjutant</b>	
Rose Porter	630-802-2288
<b>Immediate Past Commander</b>	
Don Chasteen	630-833-6102
<b>Public Relations</b>	
Jim Vahle	630-864-7183
<b>Bugler</b>	
Rich Yndestad	630-698-6444
<b>Legion Rider Director</b>	
Tom Dillon	630-803-2047
<b>Honor Guard Commander</b>	
Jim Oftedal	630-357-4030
<b>Color Guard Coordinator</b>	
Jim Sarns	630-234-6292
<b>Sons of the American Legion</b>	
Chris Lance	630-926-1177
<b>Boy Scout Liaison Troop 106</b>	
Jerry Cooney	630-995-5053

**Legion Trustees of Post #43**

Don Chasteen	Jack Amberg
Bob Colby	Jim Vahle
Wayne Fischer	Glenn Mendoza
Ken Garhan	

**Newsletter Editor**

**Rich Yndestad** 630-698-6444  
E-mail: [r.yndestad@yahoo.com](mailto:r.yndestad@yahoo.com)

**Please send your reports to Rich by Oct. 15th for Nov./Dec. Newsletter**

**Post 43 Webmaster**

**Liz Michalski**  
E-mail: [lizmichalski@yahoo.com](mailto:lizmichalski@yahoo.com)

**Legion Callers**



John Prescott 630-420-1244

(Additional Legion Callers are needed!!)

**October 2020**  
**Activities - Opportunities**

- Oct 1 - Post Meeting 7pm
- Oct 17 - Dinner/Social 6 pm
- Oct 20 - S.A.L. Squadron Meeting 7 pm
- Oct 28 - Legion Riders 7 pm

**Selected Thursdays & Saturdays:**  
**Help OSOT America sort & pack boxes at the Lisle warehouses—**





**American Legion Post #43**  
*PO Box 4, Naperville, IL 60566*



**Post 43 Legion Riders attend 9/11 Remembrance Ceremony at  
Naperville City Hall.**  
(Photo by Jim Hoch)